



TENNESSEE COLLEGE OF  
APPLIED TECHNOLOGY

## Mental Health Technician Certificate

The Tennessee College of Applied Technology (TCAT) Chattanooga Mental Health Technician certificate program is designed for anyone who has an interest in working as an entry-level technician in the mental health field.

The class is 135 clock hours in length and students will attend Monday, Tuesday and Thursday (4:30 to 9:30 p.m.) for nine weeks. Eighteen of the class meetings will be lecture/lab sessions (5 hours each) and nine meetings will be clinical observations (5 hours each) at several mental health facilities in the area.

**Program fees are based on number of hours.** Tennessee residents may apply for state aid (**Wildier-Naifeh** or **Tennessee Reconnect**) to help pay the tuition and fees ([www.fafsa.gov](http://www.fafsa.gov)). Students who live outside of Tennessee will have to pay out-of-pocket for the course, as the program is not eligible for PELL or student loans.



# Mental Health Technician Certificate

## CAREERS

»Public and Private  
Inpatient Mental  
Health Facilities

## SALARY

**\$21,730–  
\$27,620**  
per year  
**\$10–\$13**  
per hour

## Curriculum

TOPIC	CLOCK HOURS
History of Mental Illness	1.25
Current Mental Health Care Systems	1.25
Ethical Legal Issues	1.25
Sociocultural Issues	1.25
Principles of Mental Health Care (parts 1 & 2)	5
Principles of Mental Health Care (part 2)	5
Mental Health Assessment Skills	3
Therapeutic Communication (parts 1 & 2)	4
Therapeutic Relationships	3
The Therapeutic Environment (parts 1 & 2)	5
Problems of Childhood	3
ADHD & Intervention Specifics	2
Problems of Adolescence & Intervention Specifics	5
Problems of Adulthood & Intervention Specifics	5
Problems of Late Adulthood & Intervention Specifics	5
Managing Anxiety & Intervention Specifics	5
<i>1st Clinical Day</i>	5
Dissociative Disorders & Intervention Specifics	5
Anger and Aggression & Intervention Specifics	5
Substance-Related Disorders & Intervention Specifics	5
<i>2nd Clinical Day</i>	5
Skills Review, Skills Exam & Final Exam	5
Final Exam Review	5
<i>3rd Clinical Day</i>	5
<i>4th Clinical Day</i>	5
Skills Review, Skills Exam & Final Exam	5
Comprehensive Final Exam	5
<i>5th Clinical Day</i>	5
<i>6th Clinical Day</i>	5
<i>7th Clinical Day</i>	5
<i>8th Clinical Day</i>	5
<i>9th Clinical Day</i>	5

**TOTAL HOURS (135)**

**TOTAL DAYS (27)**

## Admission

To enroll in the program, students must:

**STEP 1** Apply online at [www.chattanoogastate.edu](http://www.chattanoogastate.edu) and select TCAT Mental Health Technician as the major.

**STEP 2** Visit the TCAT Student Services Department (TCAT Building #1, Room 20) and submit a copy of your Tennessee driver's license (and birth certificate if not a TN resident).

**STEP 3** Take the placement test and score at Level 2 or higher, or applicable ACT scores (within 5 years).

**STEP 4** Once admitted to the college, register for the course. Visit the TCAT Student Services Department for registration dates and availability.

⚠ *Late applications will not be considered.*

## Financial Aid

Financial Aid is available and you can contact the TCAT Financial Aid Counselor at 423.697.4433, located in TCAT Bldg. 1, Room 20.

**CONTACT US** [Chattanoogastate.edu/TCAT](http://Chattanoogastate.edu/TCAT) | 423.697.4433

Chattanooga State Mental Health Technician Program  
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Chattanooga, TN 37406

Tuition and fee costs can be viewed at  
[chattanoogastate.edu/fees-fee-definitions-tennessee-college-applied-technology-tcat](http://chattanoogastate.edu/fees-fee-definitions-tennessee-college-applied-technology-tcat).